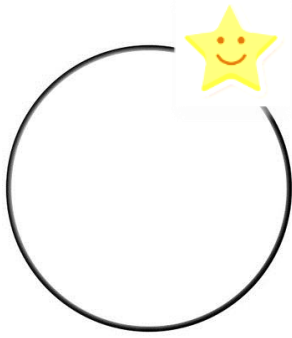




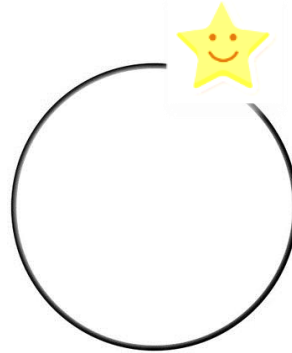
A ALEGRIA



Desenhe nas bolinhas abaixo:

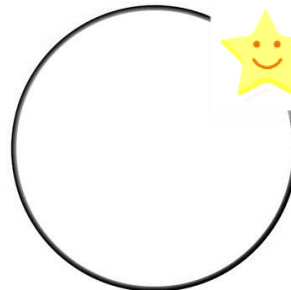
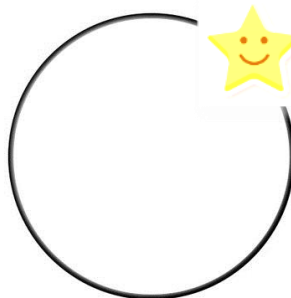
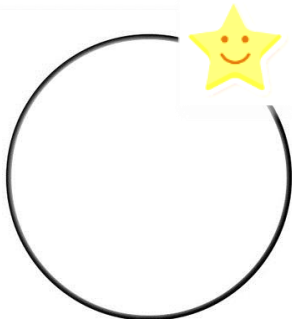
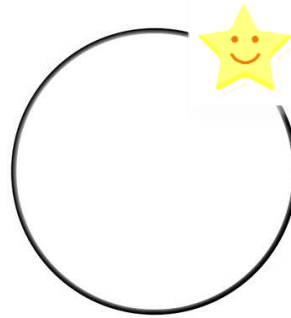
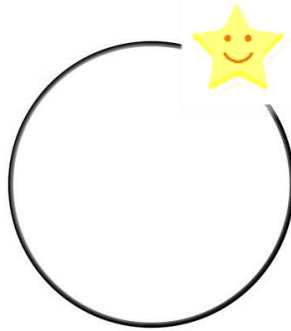
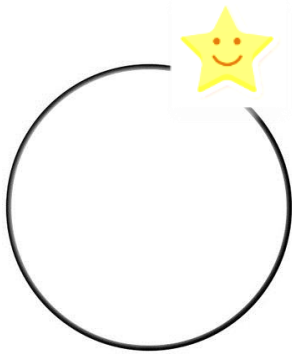


Cara de alegria



Cor da alegria

Desenhe nas bolinhas coisas que te deixam alegre:



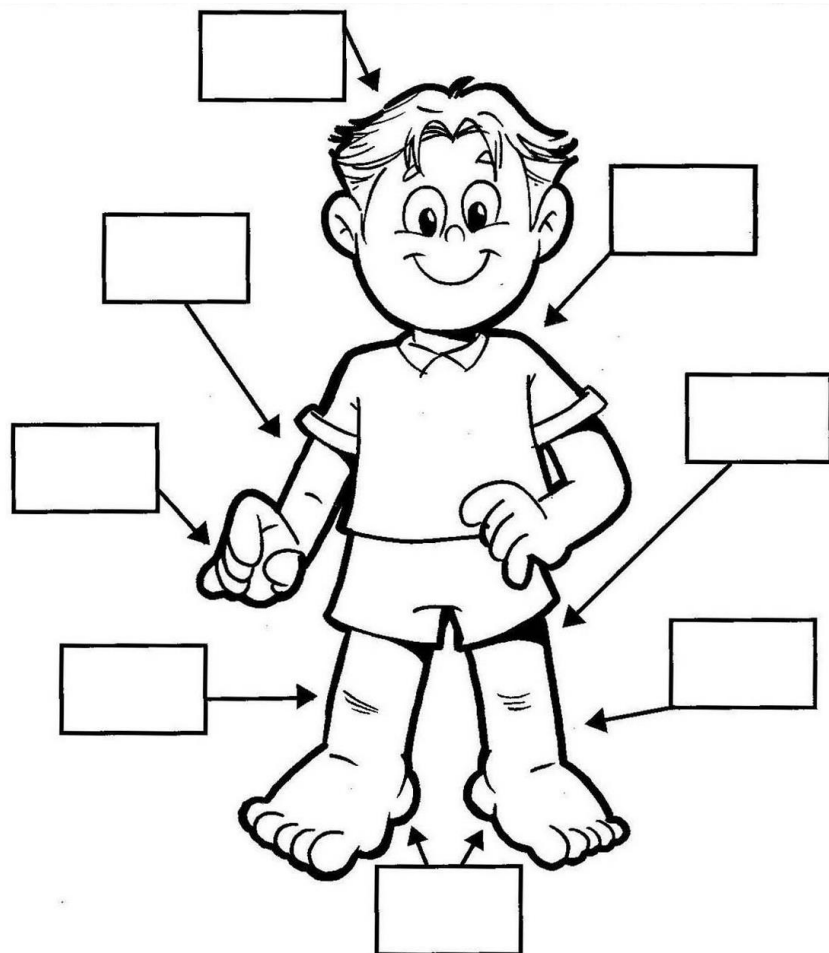


A ALEGRIA



Desenhe a última vez que você ficou super alegre
Quem estava com você? Onde foi?

Como fica o nosso corpo quando estamos alegres?
Tenso (T) ou relaxado (R)?





A ALEGRIA



Que pensamentos passam pela nossa cabeça
quando estamos bem alegres?

